

Fall 2024 Schedule Senior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	02:45 PM - 03:45 PM	Open Freeskate	Sep 9 - Dec 9	Sep 30, Oct 14, Nov 11	11	\$126.00
	05:15 PM - 06:15 PM	Stretch Off-Ice				\$77.00
	06:20 PM - 06:35 PM	Jump Off-Ice				\$20.00
	06:45 PM - 07:00 PM	Spins	Sep 9 - Dec 16 *		12	\$240.00
	07:00 PM - 08:15 PM	Freeskate				
	08:15 PM - 08:30 PM	Group Enrichment				
Tuesday	03:30 PM - 04:30 PM	Open Freeskate	Sep 3 - Dec 17	-	16	\$183.00
	04:45 PM - 05:45 PM	Open Pilates Off-Ice				\$112.00
	04:30 PM - 05:30 PM	Freeskate				\$183.00
	05:45 PM - 06:45 PM	Pilates Off-Ice				\$112.00
Wednesday	02:45 PM - 03:45 PM	Open Freeskate	Sep 4 - Dec 11	-	15	\$171.00
	05:15 PM - 06:15 PM	Strength Off-Ice				\$105.00
	06:20 PM - 06:35 PM	Theory Off-Ice				-
	06:45 PM - 07:00 PM	Spins	Sep 4 - Dec 18 *		16	\$320.00
	07:00 PM - 08:15 PM	Freeskate				
	08:15 PM - 08:30 PM	Group Enrichment				
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Sep 5 - Dec 19	-	16	\$78.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Sep 6 - Dec 20	-	16	\$78.00
Saturday	02:00 PM - 03:00 PM	Ballet Off-Ice	Sep 7 - Dec 7	-	14	\$98.00
	03:15 PM - 04:15 PM	Freeskate				\$240.00
	04:15 PM - 04:45 PM	Group Enrichment				
Sunday	08:30 AM - 09:30 AM	Open Freeskate	Sep 8 - Dec 8	Oct 13 & Nov 10	12	\$137.00
	09:40 AM - 10:10 AM	Open Jump Off-Ice				\$42.00

* Dec 16 & 18 ice sessions start 1 hour earlier (5:45pm - 7:30pm)

** Off-ice on Sep 7, 14, 28, and Oct 12, 15, 22 is moved to Killarney Community Church.

Off-ice on Oct 26 is moved to Room 203.

Christmas Exhibition on Saturday, December 14th!

Off-Ice Locations

Jump	Rinkside
Stretch	Room 203
Pilates	Room 211 **
Strength	Rinkside
Ballet	Room 151 **

Last updated: Oct 1, 2024

Fall 2024 Schedule Junior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	02:45 PM - 03:45 PM	Open Freeskate	Sep 9 - Dec 9		11	\$126.00
	04:30 PM - 04:45 PM	Group Enrichment				
	04:45 PM - 05:00 PM	Spins	Sep 9 - Dec 16	Sep 30, Oct 14, Nov 11	12	\$171.00
	05:00 PM - 05:45 PM	Freeskate				
	05:55 PM - 06:10 PM	Jump Off-Ice	Sep 9 - Dec 9		11	\$20.00
	06:15 PM - 07:00 PM	Stretch Off-Ice				\$58.00
Tuesday	03:30 PM - 04:30 PM	Open Freeskate	Sep 3 - Dec 17	-	16	\$183.00
	04:45 PM - 05:45 PM	Open Pilates Off-Ice				\$112.00
Wednesday	02:45 PM - 03:45 PM	Open Freeskate	Sep 4 - Dec 11		15	\$171.00
	04:30 PM - 04:45 PM	Group Enrichment				
	04:45 PM - 05:00 PM	Spins	Sep 4 - Dec 18	-	16	\$228.00
	05:00 PM - 05:45 PM	Freeskate				
	05:55 PM - 06:10 PM	Theory Off-Ice	Sep 4 - Dec 11		15	-
	06:15 PM - 07:00 PM	Strength Off-Ice				\$79.00
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Sep 5 - Dec 19	-	16	\$78.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Sep 6 - Dec 20	-	16	\$78.00
Saturday	01:45 PM - 02:00 PM	Group Enrichment				
	02:00 PM - 03:00 PM	Freeskate	Sep 7 - Dec 7	-	14	\$200.00
	03:15 PM - 04:15 PM	Ballet Off-Ice				\$98.00
Sunday	08:30 AM - 09:30 AM	Open Freeskate	Sep 8 - Dec 8	Oct 13 & Nov 10	12	\$137.00
	09:40 AM - 10:10 AM	Open Jump Off-Ice				\$42.00

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Off-ice on Oct 26 is moved to Room 203.

Christmas Exhibition on Saturday, December 14th!

Off-Ice Locations

Jump	Rinkside
Stretch	Room 203
Pilates	Room 211 **
Strength	Rinkside
Ballet	Room 151 **

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Fall 2024 Off-Ice Locations Senior & Junior



Month	Monday Stretch		Tuesday Pilates		Saturday Ballet	
	Date	Room #	Date	Room #	Date	Room #
September					7th	Church
	9th	203	10th	153	14th	Church
	16th	203	17th	153	21st	203
	23rd	203	24th	153	28th	Church
October			1st	211	5th	151
	7th	203	8th	211	12th	Church
	14th	No Off-Ice	15th	Church	19th	151
	21st	203	22nd	Church	26th	203
	28th	203	29th	211		
November					2nd	151
	4th	203	5th	211	9th	151
	11th	No Off-Ice	12th	211	16th	151
	18th	203	19th	211	23rd	151
	25th	203	26th	211	30th	151
December	2nd	203	3rd	211	7th	151
	9th	203	10th	211	14th	No Off-Ice
	16th	No Off-Ice	17th	211	21st	No Off-Ice

Monday Jump and Wednesday Strength is located at rinkside.

Wednesday Theory is located in the skater dressing rooms.

Last updated: Oct 1, 2024