

Fall 2023 Schedule Senior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	05:15 PM - 06:15 PM	Stretch Off-Ice	Sep 11 - Dec 11		12	\$84.00
	06:20 PM - 06:35 PM	Jump Off-Ice				\$21.00
	06:45 PM - 07:00 PM	Spins	Sep 11 - Dec 18 *		13	\$260.00
	07:00 PM - 08:15 PM	Freeskate				
	08:15 PM - 08:30 PM	Group Enrichment				
Tuesday	03:30 PM - 04:30 PM	Open Freeskate	Sep 5 - Dec 19	-	16	\$183.00
	04:30 PM - 05:30 PM	Freeskate				\$183.00
	05:40 PM - 06:25 PM	Jump Off-Ice	Sep 5 - Dec 12	-	15	\$79.00
Wednesday	05:15 PM - 06:15 PM	Fitness Off-Ice	Sep 6 - Dec 13	-	15	\$105.00
	06:45 PM - 07:00 PM	Spins				
	07:00 PM - 08:15 PM	Freeskate	Sep 6 - Dec 20 *	-	16	\$320.00
	08:15 PM - 08:30 PM	Group Enrichment				
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Sep 7 - Dec 21	-	16	\$78.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Sep 8 - Dec 22	-	16	\$78.00
Saturday	02:00 PM - 03:00 PM	Pilates Off-Ice	Sep 9 - Dec 9	Sep 30, Oct 7, Nov 11	11	\$77.00
	03:15 PM - 04:15 PM	Freeskate				
	04:15 PM - 04:45 PM	Group Enrichment	Sep 30	13	\$223.00	
Sunday	08:30 AM - 09:30 AM	Open Freeskate	Sep 10 - Dec 10	Oct 8, Nov 12	12	\$59.00
	09:40 AM - 10:10 AM	Open Jump Off-Ice				\$42.00

* Dec 18 & 20 sessions start 1 hour earlier (5:45pm - 7:30pm)

Other Important Dates:

Christmas Exhibition: Dec 16

Christmas Holiday: **NO SKATING** Dec 17 and Dec 23 - Jan 3

Last updated: Aug 23, 2023

Fall 2023 Schedule Junior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	04:30 PM - 04:45 PM	Group Enrichment	Sep 11 - Dec 18		13	\$186.00
	04:45 PM - 05:00 PM	Spins				
	05:00 PM - 05:45 PM	Freeskate	Sep 11 - Dec 11		12	\$21.00
	05:55 PM - 06:10 PM	Jump Off-Ice				
	06:15 PM - 07:00 PM	Stretch Off-Ice				\$63.00
Tuesday	03:30 PM - 04:30 PM	Open Freeskate	Sep 5 - Dec 19	-	16	\$183.00
Wednesday	04:30 PM - 04:45 PM	Group Enrichment	Sep 6 - Dec 20	-	16	\$228.00
	04:45 PM - 05:00 PM	Spins				
	05:00 PM - 05:45 PM	Freeskate	Sep 6 - Dec 13	-	15	\$79.00
06:15 PM - 07:00 PM	Fitness Off-Ice					
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Sep 7 - Dec 21	-	16	\$78.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Sep 8 - Dec 22	-	16	\$78.00
Saturday	01:45 PM - 02:00 PM	Group Enrichment	Sep 9 - Dec 9	Sep 30	13	\$186.00
	02:00 PM - 03:00 PM	Freeskate				
	03:15 PM - 04:15 PM	Pilates Off-Ice		Sep 30, Oct 7, Nov 11	11	\$77.00
Sunday	08:30 AM - 09:30 AM	Open Freeskate	Sep 10 - Dec 10	Oct 8, Nov 12	12	\$59.00
	09:40 AM - 10:10 AM	Open Jump Off-Ice				

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