

Winter 2025 Schedule Junior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	02:45 PM - 03:45 PM	Open Freeskate *	Jan 6 - Mar 10	Feb 17	9	\$103.00
	04:30 PM - 04:45 PM	Group Enrichment				
	04:45 PM - 05:00 PM	Spins				\$129.00
	05:00 PM - 05:45 PM	Freeskate				\$16.00
	06:15 PM - 07:00 PM	Stretch Off-Ice				\$48.00
Tuesday	03:15 PM - 04:15 PM	Open Freeskate	Jan 7 - Mar 11	-	10	\$114.00
	04:30 PM - 05:30 PM	Open Pilates Off-Ice				\$70.00
Wednesday	02:45 PM - 03:45 PM	Open Freeskate *	Jan 8 - Mar 12	-	10	\$114.00
	04:30 PM - 04:45 PM	Group Enrichment				
	04:45 PM - 05:00 PM	Spins				\$143.00
	05:00 PM - 05:45 PM	Freeskate				-
	06:15 PM - 07:00 PM	Strength Off-Ice				\$53.00
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Jan 9 - Mar 13	-	10	\$49.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Jan 10 - Mar 14	-	10	\$49.00
Saturday	01:45 PM - 02:00 PM	Group Enrichment	Jan 11 - Mar 8	-	9	\$129.00
	02:00 PM - 03:00 PM	Freeskate				\$63.00
	03:15 PM - 04:15 PM	Ballet Off-Ice				
Sunday	08:30 AM - 09:45 AM	Open Freeskate	Jan 12 - Mar 9	Feb 16	8	\$137.00
	09:45 AM - 10:00 AM	Group Enrichment				
	10:10 AM - 10:40 AM	Open Jump Off-Ice				\$28.00

* Please note that there is a minimum number of skaters to be registered for this session.
If the minimum registration number is not met, this session will be cancelled.
More details on this will be communicated via email.

^ Update: Minimum has been met. Session will continue as planned.

Off-Ice Locations	
Jump	Rinkside
Stretch	Room 203
Pilates	Room 205
Strength	Rinkside
Ballet	Church

Last updated: Jan 6, 2025

Winter 2025 Schedule Senior



Day	Time	Session Type	Dates	No Skating	Weeks	Price
Monday	02:45 PM - 03:45 PM	Open Freeskate *	Jan 6 - Mar 10	Feb 17	9	\$103.00
	05:15 PM - 06:15 PM	Stretch Off-Ice				\$63.00
	06:20 PM - 06:35 PM	Jump Off-Ice				\$16.00
	06:45 PM - 07:00 PM	Spins				
	07:00 PM - 08:15 PM	Freeskate				\$180.00
	08:15 PM - 08:30 PM	Group Enrichment				
Tuesday	03:15 PM - 04:15 PM	Open Freeskate	Jan 7 - Mar 11	-	10	\$114.00
	04:30 PM - 05:30 PM	Open Pilates Off-Ice				\$70.00
Wednesday	02:45 PM - 03:45 PM	Open Freeskate *	Jan 8 - Mar 12	-	10	\$114.00
	05:15 PM - 06:15 PM	Strength Off-Ice				\$70.00
	06:20 PM - 06:35 PM	Theory Off-Ice				-
	06:45 PM - 07:00 PM	Spins				
	07:00 PM - 08:15 PM	Freeskate				\$200.00
08:15 PM - 08:30 PM	Group Enrichment					
Thursday	06:30 AM - 08:00 AM	Open Freeskate	Jan 9 - Mar 13	-	10	\$49.00
Friday	06:30 AM - 08:00 AM	Open Freeskate	Jan 10 - Mar 14	-	10	\$49.00
Saturday	02:00 PM - 03:00 PM	Ballet Off-Ice	Jan 11 - Mar 8	-	9	\$63.00
	03:15 PM - 04:15 PM	Freeskate				\$154.00
	04:15 PM - 04:45 PM	Group Enrichment				
Sunday	08:30 AM - 09:45 AM	Open Freeskate	Jan 12 - Mar 9	Feb 16	8	\$137.00
	09:45 AM - 10:00 AM	Group Enrichment				
	10:10 AM - 10:40 AM	Open Jump Off-Ice				\$28.00

* Please note that there is a minimum number of skaters to be registered for this session.
If the minimum registration number is not met, this session will be cancelled.
More details on this will be communicated via email.

^ Update: Minimum has been met. Session will continue as planned.

Off-Ice Locations	
Jump	Rinkside
Stretch	Room 203
Pilates	Room 205
Strength	Rinkside
Ballet	Church

Last updated: Jan 6, 2025