

Killarney Centre Figure Skating Club

Spring 2020 - Sessions held at Sunset and Hillcrest and Burnaby Winter Club (BWC) and Britannia (Brit)

Payment due upon registration.

Yearly Skate Canada Fee Charge of \$44.00 (Sep 2019 - Aug 2020)

| Jr /Int 1 - no competitive experience up to axel Int 2/Sr - Must be landing 2 clean double or Competitive Director approval | | | Note: Off-Ice are with package only | Group - Coaching fee included Spins - Coaching fee NOT included | | |
|--|----------------|--|--|---|--------|--|
| Day | Time | Session | Dates | Weeks | Prices | 10% DISC ON/OFF Ice PACKAGES |
| TUESDAY (Sunset) | 6:30-8:00 am | Open AM | April 7 - June 23 | 12 | 85.00 | <i>session disc 40% in price</i> |
| WEDNESDAY (Sunset) | 4:45-5:00 | Jr/Int 1 GE - (Coached) | April 1 - June 24 | 13 | 155.00 | \$210.00 |
| | 5:00-5:45 | Jr/Int 1 Freeskate | | | 81.00 | |
| | 5:45-6:00 | Jr/Int 1 Spins | | | | |
| | 6:15-7:00 | Jr/Int 1 Strength (Maki) | | | | |
| | 6:00-6:15 | <i>Ice Clean</i> | | | | |
| | 5:00-6:00 | Int 2/Sr Strength (Maki) | | | 108.00 | |
| | 6:15-7:15 | Int 2/Sr Freeskate | | | 155.00 | \$235.00 |
| | 7:15-7:30 | Int 2/Sr GE - (Coached) | | | | |
| THURSDAY (Hillcrest) | 5:15-6:15 | Jr/Int 1 Flexibility (Lori) Vancouver Curling Club * | April 2 - May 21 | 8 | 100.00 | \$160.00 |
| <i>* April 9 Only</i> | 6:30-6:45 | Jr/Int 1 GE - (Coached) | | | 78.00 | |
| <i>* Hillcrest CC Rm #322</i> | 6:45-7:30 | Jr/Int 1 Freeskate | | | | |
| | 6:15-7:15 | Int 2/Sr Flexibility (Lori) Vancouver Curling Club * | | | 100.00 | |
| | 7:30-7:45 | Int 2/Sr Spins | | | | |
| | 7:45-8:45 | Int 2/Sr Freeskate | | | 108.00 | \$185.00 |
| | 8:45-9:00 | Int 2/Sr GE - (Coached) | | | | |
| FRIDAY (Sunset) | 6:30-8:00 am | Open AM | April 3 - June 26 | 13 | 92.00 | <i>session disc 40% in price</i> |
| SATURDAY (Sunset) | 3:45-4:00 | Jr/Int 1 Spins | April 4 - June 20 | 11 | 128.00 | \$160.00 |
| No session | 4:00-4:45 | Jr/Int 1 Freeskate | | | 50.00 | |
| 18-Apr | 4:45-5:00 | Jr/Int 1 GE - (Coached) | | | | |
| | 5:15-6:00 | Jr/Int 1 Off-ice Dance @ Sunset CC Rm 204 | | | | |
| | 5:00-5:15 | <i>Ice Clean</i> | | | | |
| | 4:00-5:00 | Int 2/Sr Off-ice Dance @ Sunset CC Rm 204 | | | 66.00 | |
| | 5:15-5:30 | Int 2/Sr Spins | | | 150.00 | \$195.00 |
| | 5:30-6:30 | Int 2/Sr Freeskate | | | | |
| | 6:30-6:45 | Int 2/Sr GE - (Coached) | | | | |
| SUNDAY (BWC) & (Brit) | 10:50-11:35 am | Int 2/Sr Dryland | April 5 (*) & April 19 - June 21 | 10 | | \$100.00 |
| No session May 17 | 9:45-10:45 am | Int 2/Sr Freeskate | | | | |
| * Brit Apr 5 only | 10:00-10:45 am | Jr/Int 1 Dryland | | | | |
| * Open 9-10:15 am | 9:00-9:45 am | Jr/Int 1 Freeskate / Open | | | | \$90.00 |
| * No Dryland | | | | | | |